

Sonas Behavioral Health, LLC



SONAS BEHAVIORAL HEALTH
COUNSELING & PSYCHOLOGICAL SERVICES

Agency Website: www.sonasbehavioralhealth.com

Sonas Behavioral Health is a small personal clinic located on Madison's west side that provides personal and caring counseling services to those suffering from mental health and alcohol and other drug abuse problems.

Our Mission

Sonas Behavioral Health provides counseling and services through support, guidance and education with psychological empathy and understanding in a comfortable environment.

Our Services

- Alcohol and other Drug Abuse
- Adult Children of Alcoholics (ACOA)
- Assessments
- Co-occurring Disorders (substance and mental health)
- Individual Counseling
 - Substance use, misuse, abuse, and dependency, gambling, pornography, sex, spending
- Relapse Prevention
- Separated/Divorce Support Group Website (includes those in recovery): www.bethel-madison.org (click on *ministries*)

Mental Health

Adjustment Issues
Anger Management
Anxiety Management
Attention or Concentration Problems
Child and Adolescent Counseling
Dating Related Concerns
Depression
Developmental Disabilities
Domestic Violence

Gender Identity Issues
Grief and Loss
Life Transitions
Marital/Couple Issues
Parent/Child Relationships
Past Trauma
Psychological Evaluations
Stress Management

Office Location:

**6402 Odana Road
Madison, WI 53719**

